



## THOMAS JEFFERSON HIGH SCHOOL

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WEST ELIZABETH - JEFFERSON HILLS - PLEASANT HILLS

PETE MURPHY  
*Principal*

PAUL WARE  
*Assistant Principal*

ADAM KNARESBOROUGH  
*Assistant Principal*

December 5, 2020

Dear Parents, Guardians, and Students:

I am writing this letter as a follow-up to the parent communication sent last evening. This morning counselors were available at Thomas Jefferson High School to provide student support services. Our plan is to continue offering support to all students at the high school beginning Monday morning. Please know that you are not alone in feeling uncertain, confused, and possibly angry. Every student, regardless of Dignity, Respect, Canvas, or full-time cyber, is welcome to come to the school Monday morning for individual or group counseling. Students may report directly to the media center upon entering TJHS on Monday morning. If you are unable to come to the building directly and are in need of support, please contact your counselor and/or social worker directly to schedule a virtual appointment.

The emotions that many of us are experiencing are painful and may be difficult to understand. We implore you to reach out to us if you, your friends, peers or children are having a difficult time. Our trained staff will coordinate our efforts to serve our school community's needs. I am including our district and local resources for all to reference as needed. We are here to provide support as we work together as a school community to get through this difficult time.

If you, your friends, a peer, or your children need immediate assistance, call the National Suicide Prevention Lifeline at 1-800-273-TALK (8523), or the Resolve Crisis Network-Phone Support: 1-888-796-8226. Information can also be reported anonymously through the Safe2Say notifications listed here: 1-844-Saf2Say or Email: [www.SAFE2SAYPA.org](http://www.SAFE2SAYPA.org)

Sincerely,

Pete Murphy  
Principal

Thomas Jefferson High School